

**COV NEEG MESKAS NTO NPE UAS
XIAMOQBQHAB**

Franklin Roosevelt, *U.S. tus nom President*
Xiamoobqhab Ntawm Sab Nqajj Tawv

Marlee Matlin, *Actress*
Tsis hnov lus

Terrance Parkin, *Olympic Swimmer*
Tsis hnov lus

Jim Abbott, *Professional Baseball Player*
Raug txiav tes lossis taw

Magic Johnson, *Retired NBA Player*
Mob HIV

Ray Charles, *Musician*
Tsis pom kev

Chris Burke, *Actor*
Neeg ruam

**Yog koj xav paub ntxiv hauv
Internet txog kev pab cov neeg
xiamoobqhab, thov xyuas:**

www.disabilityinfo.gov

• • •

*Cov lus qhia ntawm no yog muab los ntawm
cov ntaub ntauv sau nyob rau hauv:*

U.S. Department of Commerce

Economics and Statistics Administration

U.S. Census Bureau

*The National Women's Health
Information Center*

*U.S. Department of Health
and Human Services*

*Hoobkas uas hais txog Pojniam Kev Noj
Qab Nyob (Office on Women's Health)*

*Daim ntauv qhia no tsim thiab tshwm nyiaj
pab los ntawm Department of Health and
Human Services Office of Refugee Resettlement.*

KEV TIVTAUJ:

riht@uscridc.org

**U.S. Committee for Refugees and
Immigrants**

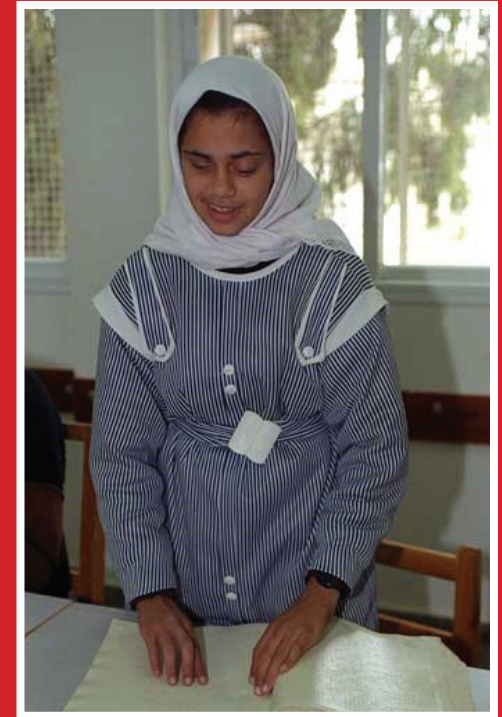
**1717 Massachusetts Ave., NW
Suite 200**

Washington, DC 20036

Xovtooj: 202 • 347 • 3507

Fax: 202 • 347 • 7177

www.refugees.org



**Ua Neej Xiamoobqhab
Nyob Hauv Tebchaws
United States
Living with Disabilities
in the United States
(Hmong)**



www.refugees.org

*Protecting Refugees, Serving Immigrants,
Upholding Freedom since 1911*

YAM DABTSI QHIA HAIS TIAS YOG XIAMOQBHAB?

Cov neeg xiamoobqhab muaj tej yam ntawm lawv sab nqaij tawv lossis lub hlwb ua rau lawv nyuaj ua tej yam. Tej yam teeb meem li no ua rau tus neeg ua tsis tau tej yam li no:

- kev kawm,
- hnov lus,
- hais lus,
- ua pa,
- mus kev,
- pom kev, thiab
- pab nws tus kheej.

UA NEEJ XIAMOQBHAB NYOB HAUV TEBCHAWS UNITED STATES

Muaj ntau yam zoo uas ua neej nyob hauv tebchaws United States. Muaj ib yam zoo tshaj yog neeg Meskas ntseeg hais tias cov neeg uas xiamoobqhab yuav ua tau ntau yam thiab ua tau haujlwm, tiamsis yuav tsum tau kev pab.

Muaj ntau tshaj li 50 lab neeg uas xiamoobqhab nyob rau lub tebchaws United States. Muaj ib nrab ntawm cov neeg uas xiamoobqhab no yeej ua haujlwm.

Tej zaum cov neeg Meskas yuav saib cov neeg uas xiamoobqhab txawv dua li cov neeg uas nyob rau nej lub tebchaws. Daim ntawv no yuav pab koj totaub txog kev pab cov neeg xiamoobqhab nyob rau lub tebchaws United States.

Nyob rau lub tebchaws United States, cov neeg uas xiamoobqhab ua tau tej yam li no:

- mus kawm ntawv,
- sib yuav lossis dhau los ua niam ua txiv,
- mus ua haujlwm,
- tsav tsheb,
- ua kis las, thiab
- dhau los ua cov neeg uas txawj dua (professional).

Hauv tebchaws United States muaj kevcai tshwj thiab pab cov neeg xiamoobqhab nyob muaj kev kaj siab thiab ua lub neej puv npo.

COV MENYUAM UAS XIAMOQBHAB

Muaj ib txhia menyuam yug tau los yeej xiamoobqhab, lossis nyob nyob mam li xeeb tuaj. Feem ntau yeej tsis yog tim leejtwg. Tej zaum koj yeej swm tu menyuam ntawm koj tus kheej, tiamsis hauv lub tebchaws United States, yeej muaj kev pab rau koj. Yeej tsis ua li cas yog koj thov kev pab thiab tau txais kev pab.

Cov menyuam uas xiamoobqhab yeej mus kawm ntawv tau rau lub tsev kawm ntawv uas nyob ze ib ncig thiab yuav tau txais qhov kev pab hu ua “special education”. Cov kws qhia ntawv thiab cov neeg hauv lub tsev kawm ntawv mam li tawm tswvyim nrhiav kev qhia kom raws li cov menyuam uas xiamoobqhab.

COV KEV PAB

Muaj tej pab neeg uas yuav tau ntiav thiab tej koom haum uas qhia cov neeg xiamoobqhab:

- kawm nyeem ntawv, lossis siv tus pas nrig,
- kawm kom lawv txawj pab lawv tus kheej,

- kawm kom ua tau haujlwm tshiab, thiab nrhiav haujlwm,
- kawm mus ncig hauv lub zos lossis mus siv lub tsev txhab nyiaj (bank),
- kawm ua zaub mov rau lawv tus kheej, thiab
- kawm kom paub siv lub rooj zaum uas laub neeg (wheelchair).

Cov uas tu cov neeg xiamoobqhab yuav tau nrog lawv tus caseworker tham seb muaj kev pab dabtsi uas nyob ze ntawm lawv thiab seb yuav siv li cas.

TU COV NEEG XIAMOQBHAB

Tej zaum yuav nyuab heev tu cov neeg uas xiamoobqhab. Nyob hauv tebchaws United States, muaj ntau yam kev qhia pub rau tus neeg uas yuav los mus tu ib tug neeg hauv tsev neeg uas yog xiamoobqhab. Muaj ib txhia neeg uas xiamoobqhab nyob nrog lawv tsev neeg, lossis nyob rau hauv cov tsev uas tshwj xeeb. Nug koj tus caseworker txog tej kev qhia pub rau cov tsev neeg uas muaj neeg xiamoobqhab.

Cov tibneeg tu neeg yuav tsum tau saib lawv tus kheej. Ntawm no yog tej yam kev qhia koj saib koj tus kheej:

- nrhiav sijhawm ua evxawsxais,
- kawm txog kev pab uas muaj nyob ib ncig ntawm koj,
- kev thov thiab txaus siab rau tej kev pab uas tau txais,
- noj zaub mov kom zoo,
- so kom txaus,
- nrhiav kev pab kom haum rau yus,
- nrhiav sijhawm los nyob, thiab
- nrhiav sijhawm rau koj tus kheej.