GOAL

Return the injured worker to gainful employment as soon and as safely possible.
Interdisciplinary Team

- A physician experienced in industrial and occupational health
- Occupational therapists
- Physical therapists
- Vocational rehabilitation counselor
- Psychologists
- Other disciplines as required
Work Capacity Evaluation

- Orientation
- Vocational assessment
- Medical intake/examination
- Functional capacity evaluation
- Physical capacity evaluation
STAFFING
Menu of Services

• Work hardening
• Physical/work conditioning
• Rehabilitation psychology
• Back school
• Vocational rehabilitation counseling
• On-site work hardening
• Biofeedback
Work Hardening

Simulated workstations in an industrial setting to increase a worker’s tolerance and physical abilities.
Work Hardening
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Work Hardening
Physical/Work Conditioning

Helps increase strength and improve flexibility and endurance.
Physical/Work Conditioning
Physical/Work Conditioning
Physical/Work Conditioning
Rehabilitation Psychology

Addresses psychological factors that may affect a positive vocational outcome.
Back School

Provides instruction in proper body mechanics, posture, basic anatomy and general fitness.
Vocational Rehabilitation Counseling

Helps a worker explore his or her return-to-work options.
On-Site Work Hardening

The provision of occupational rehabilitation services directly at the worksite.
Biofeedback

Assists with stress reduction and normalizing muscle functions.
Education Groups

• Workers’ compensation
• Stress management
• Pain management
• Diet and general fitness
Additional Services

• **Work capacity evaluation:** An assessment of physical capabilities

• **Job analysis:** Measuring the demands placed on a worker by the physical characteristics of the job

• **Ergonomic assessment:** Adapting work stations to better fit the worker

• **Functional pre-work screening:** The non-discriminatory testing of an applicant’s ability to perform essential demands of the job
CARF International

**CARF** is the most prominent and prestigious national review organization for rehabilitation services.
CARF International

**CARF** is a private, non-profit organization that sets state of the art standards of care for rehabilitation programs.
CARF Has Program Standards For:

- Comprehensive integrated inpatient rehabilitation programs
- Outpatient medical rehabilitation programs
- Home and community services
- Residential rehabilitation programs
- Vocational services
- Pediatric specialty programs
- Amputation specialty programs
- Brain injury programs
- Spinal cord system of care
- Stroke specialty programs
- Interdisciplinary pain rehabilitation programs
- Health enhancement programs
- Medical rehabilitation case management
- Comprehensive occupational rehabilitation programs
CARF Comprehensive Occupational Rehabilitation Programs

Directly provide and coordinate services to address the behavioral, functional, medical, physical, psychological and vocational components of return to work.
Thank you!

Questions and Answers