



Do You See What I See?

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My patients often have trouble finding the right words to describe their symptoms. Words may fail when they try to explain pain, numbness, and tingling, for example. Like most doctors, I ask patients to complete pain diagrams to show where their trouble lies, using symbols to represent various kinds of discomfort, and scales to show its severity. A picture is worth a thousand words, at least!



I discussed this recently with my daughter Catherine Loughrin, an optometrist. I wondered how eye doctors solve this problem, since finding the right words for distorted vision seems especially difficult. She helped me find a highly useful, educational, and even entertaining website which I want you to see, even if you have no eye problems yourself.

“Vision Simulations” lets you customize pictures that show various types and degrees of vision distortions to basically “paint a picture” of your own visual problem. It uses altered photos that represent how each of 13 different eye conditions can affect vision, and then lets you take control from there. To top it off, you can email your finished picture to your own eye care provider. That way, your eye doctor can literally see what you see, and better assess your problem.

Since Christmas approaches, please enjoy this educational, entertaining, and practical gift from Occ Doc in a Box. If it doesn’t “fit,” you can alter it yourself to make it just right! And, you can hum a Christmas carol to yourself all the while, “Do You See What I See?”

<http://www.visionsimulations.com/>